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# Sherwood Park Hall

THE HALL WITH A HEART

Creating High Community Impact Social Programmes in Merton Since 2020

## LIFE SKILLS LAUNCHPAD

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FOR YOUNG PEOPLE LEAVING CARE

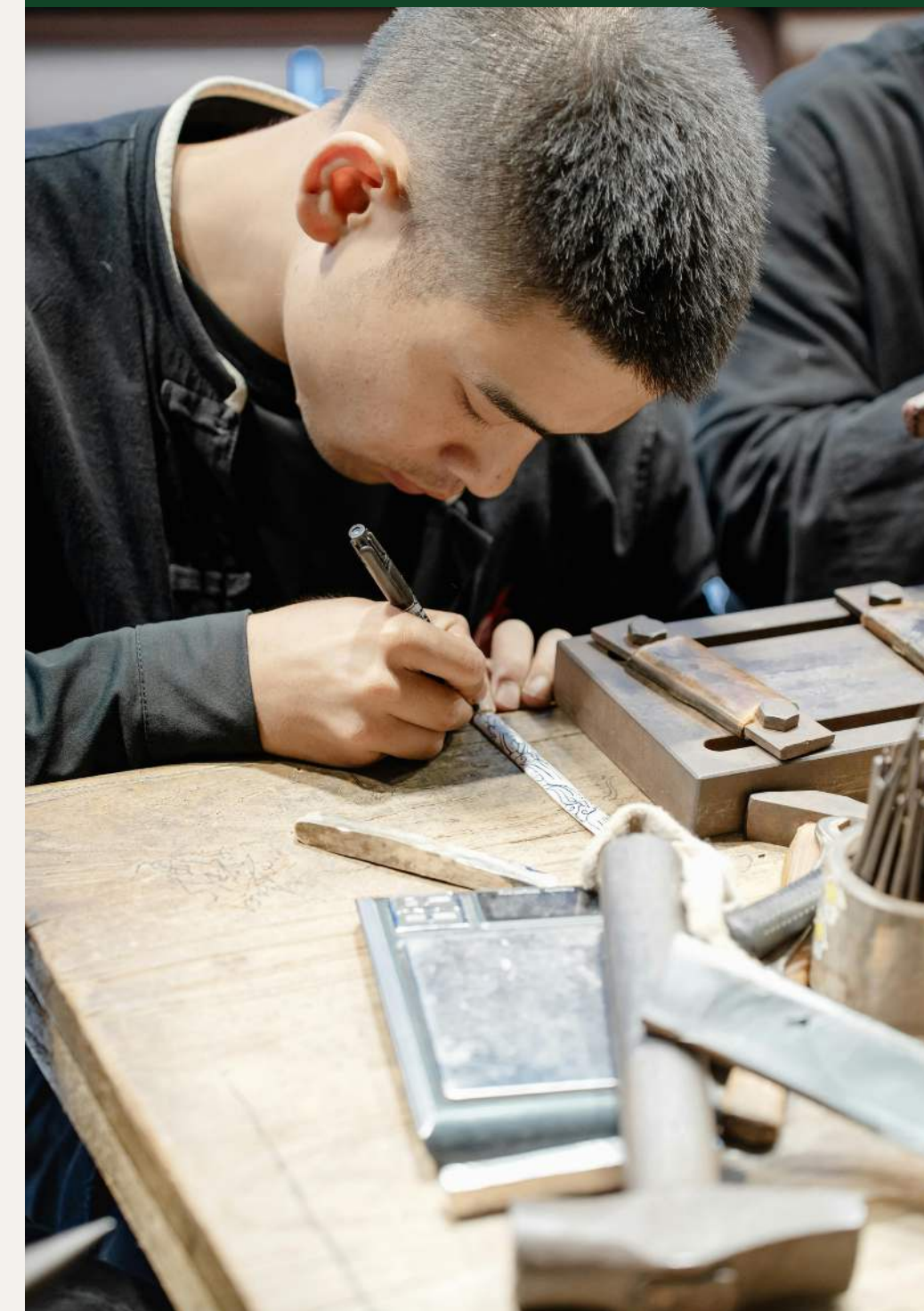
PREPARING CARE-EXPERIENCED YOUNG PEOPLE WITH THE SKILLS, CONFIDENCE,  
AND INDEPENDENCE TO THRIVE.

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SHERWOOD PARK HALL

The Hall with a Heart



# Executive Summary

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Sherwood Park Hall is a community hub delivering social-impact programmes, creative wellbeing activities, and community events for local residents. We are launching the Life Skills Launch Pad, a 12-week practical programme supporting young people who are preparing to leave care or have recently left care.

The programme equips young people with essential life-skills across:

- Budgeting & Money
- Employability
- Cooking & Nutrition
- Confidence & Communication
- DIY & Home Skills

Each young person's place costs £780 (£65 per week for 12 weeks).

Each cohort supports 10–16 young people.

We are seeking Supporters, Partners, Programme Sponsors, Cohort Sponsors, Patrons, and Benefactors to help us deliver multiple cohorts per year and expand the programme across South London.

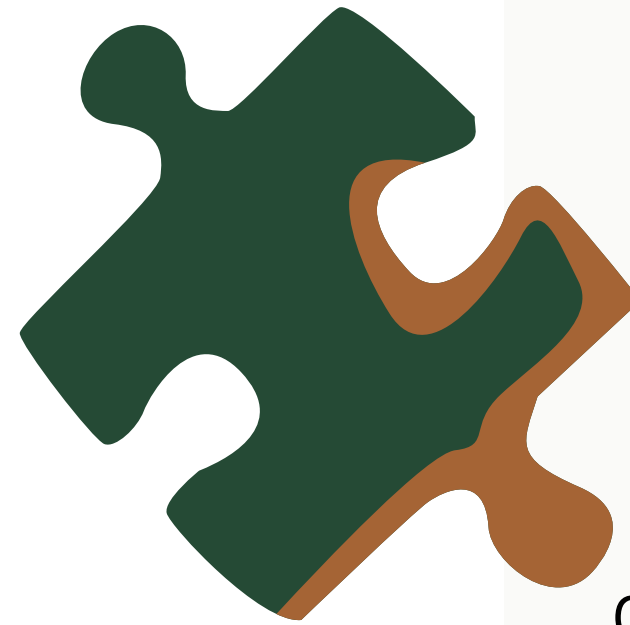
# The Challenge

Young people leaving care face some of the toughest outcomes in the UK:

- Higher risk of youth homelessness
- Limited financial literacy
- Low confidence and self-esteem
- Barriers to employment
- Lack of practical life-skills
- Minimal support networks
- Increased vulnerability to exploitation

The transition from care to independence is often abrupt, unsupported, and overwhelming.

The Life Skills Launch Pad exists to close this gap.



# The opportunity

Sherwood Park Hall is a community impact hub in Merton, providing a safe, creative, and inclusive space for local residents.

We deliver a blend of community-rooted activities including:

- ✓ **CREATIVE WELLBEING SESSIONS**
- ✓ **YOUTH ENGAGEMENT WORKSHOPS**
- ✓ **SEND- INCLUSIVE PROGRAMMES**
- ✓ **COMMUNITY EVENTS & CELEBRATIONS**
- ✓ **CORPORATE FRIENDLY EXPERIENCES SUCH AS SIP, PAINT & DONATE**

Our position as a trusted, accessible venue allows us to work closely with young people living in supported housing and build strong relationships with local partners.

We understand the realities young people face and we create programmes that are practical, safe, and grounded in real-world needs.

The Life Skills Launch Pad builds on this foundation, transforming Sherwood Park Hall into a place where young people can gain the skills, confidence, and independence they need to thrive in adult life.

# Introducing the Life Skills Launch Pad

A 12-week, practical, empowering programme designed to prepare care-experienced young people for independent adulthood.

The programme focuses on:

- ✓ REAL- WORLD SKILLS
- ✓ CONFIDENCE BUILDING
- ✓ PRACTICAL SKILLS
- ✓ GROUP LEARNING
- ✓ COMMUNITY CONNECTION
- ✓ REFFERRALS TO MENTORING ORGANISATIONS

## PROGRAMME MODULES

THE LIFE SKILLS LAUNCH PAD  
DELIVERS FIVE CORE MODULES:

- ✓ BUDGETING & MONEY - MANAGING INCOME, BILLS, SAVINGS, CREDIT, AND FINANCIAL SAFETY, CLOTHING REPAIRS
- ✓ EMPLOYABILITY- CV'S, INTERVIEWS, WORKPLACE BEHAVIOUR, SOFT SKILLS
- ✓ COOKING & NUTRITION - AFFORDABLE MEALS, FOOD HYGEINE, MEAL PLANNING
- ✓ CONFIDENCE & COMMUNICATION - SELF EXPRESSION, BOUNDARIES, SELF ADVOCACY
- ✓ DIY & HOME SKILLS - BASIC REPAIRS, HOME SAFETY, CLEANING ROUTINES

# PROGRAMME STRUCTURE (12 Weeks)

## EACH COHORT FOLLOWS A STRUCTURED 12-WEEK JOURNEY

- Weekly workshops
- Practical demonstrations
- Group discussions
- Real-world tasks
- Guest speakers
- Supported housing collaboration
- End-of-programme celebration



# Launchpad Timeline

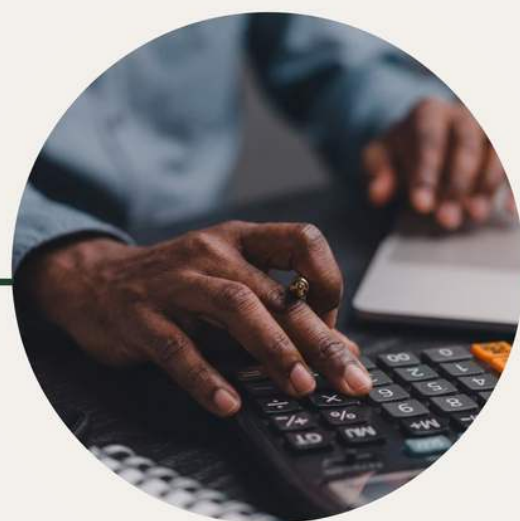
Week 1-3



Ignition

- ✓ Mission Control
- ✓ Emotional Resilience
- ✓ The Kitchen Lab
- ✓ Communication

Week 4-6



Propulsion

- ✓ Basic Clothing Repair
- ✓ Budgeting 101
- ✓ Utility Management
- ✓ Career Engines

Week 7-9



Navigation

- ✓ Home Maintenance
- ✓ Digital & Physical Safety
- ✓ Your Rights & the Law
- ✓ Personal safety in the community.

Week 10-12



Rocket Week

- ✓ Flight Manual
- ✓ Mini Graduation Ceremony
- ✓ Mentor Feedback
- ✓ Handover to independence

## The Life Skills Launch Pad supports:

- Young people
- Preparing to leave care
- Who have recently left care
- Living in supported housing
- With limited support networks
- Facing barriers to independence

We work closely with local authorities, supported housing providers, and youth organisations

## Why This Programme Works:

Because it is:

- Practical
- Real-world
- Trauma-informed
- Delivered in a safe community space
- Designed with lived-experience insight
- Focused on independence, not crisis
- Built around confidence, not compliance



# Sponsorship Tiers & Benefits

£780

## Supporter - Sponsors 1 young person

- Name listed as a Supporter
- Invitation to our fundraiser
- Quarterly impact update

£2,340

## Partner- Sponsors 3 young people

- All Supporter benefits
- Logo on event materials
- 1 Sip, Paint & Donate session for staff
- Recognition on social media

£3,900

## Programme sponsor- 5 young people

- All Partner benefits
- Invitation for staff to volunteer
- Recognition as a Programme Sponsor
- Logo on the Life Skills Launch Pad page
- Priority access to corporate volunteering days

£7,800

## Cohort Sponsor- Sponsors a full cohort (10 people)

- All Programme Sponsor benefits
- Naming rights for the cohort ("The [Company Name] Cohort")
- VIP invitation to Events
- Corporate feature in the annual impact report
- 4 Wellbeing sessions for staff

£23,400

## Patron -Annual Support 10 x cohorts x3 terms

- All Cohort Sponsor benefits
- Recognition as a Patron of Sherwood Park Hall
- Annual CSR partnership meeting
- Co-branding opportunities
- Option to co-deliver a module (e.g., budgeting)
- Priority placement in all press and media

£70,200

## Benefactor- Long term, multi-year 3 years partnership

- All Patron benefits
- Naming rights for the programme ("Life Skills Launch Pad – Powered by [your business name]")
- Exclusive corporate volunteering days
- Annual impact presentation to their leadership
- Opportunity to sponsor expansion to other boroughs

# Impact & Measurement

## **We Track:**

Young people enrolled  
Workshops Delivered  
Skills gained  
Confidence Improvement  
Volunteer hours  
Employment Outcomes  
Home Starter kits  
Corporate Engagement  
Annual Impact Reports

# Teams & Partnerships

## **Sherwood Park Hall works with:**

Supported housing providers  
Local authorities  
Youth organisations  
Community Partners  
Volunteers  
Corporate teams

Together, we create a safe, empowering environment for young people.

# Implementation Timeline

October



Fundraiser

Nov / Dec



Recruitment

September



Cohort 1

January



Cohort 2

April



Cohort 3

October



Impact report

Dec



Corporate review

# Our Vision

- Run multiple cohorts per year
- Expand the programme across South London
- Train other organisations to deliver the programme
- Build a portfolio of social-impact programmes
- Secure long- term corporate patrons
- Make a real difference



We invite you to:  
Sponsor young people  
Sponsor a cohort  
Become a Patron or Benefactor  
Provide volunteers  
Offer in-kind support  
Partner with us long-term

*Together, we can transform the journey from care to independence*

# Contact Us

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